

Saving Lives Across Australia

with

Heart Safe Fitness

Are You

Ready, Willing & Able to HELP?



Sudden Cardiac Arrest (SCA) Knows NO Boundaries!

In Australia approximately 30,000 people sustain SCA outside of a hospital and are treated by emergency medical services (EMS) each year.

That's 575 Australians suffering a SCA every week and ONLY 1 out of 10 WILL SURVIVE!



The Facts

- An average of only 9% of its victims in Australia survive!
- It can happen anytime, anywhere and to anyone, even young athletes.
- Early defibrillation is the single most effective treatment for SCA.
- Defibrillation within three minutes of collapse can increase the chance of survival to over 70%.



Raising Awareness & Education About Saving Lives in your Fitness Environment

Three Steps to Save a Life







2. PUSH



3. SHOCK



\$1,995

ORDER NOW



\$2,295

ORDER NOW

Mindray C1 Public Defibrillator designed to address challenges faced by first-time rescuers by properly guiding users through the rescue process

- 5-Year life cycle for pads & battery
- A switch for Paediatric mode
- Fastest Time to First Shock (< 8 seconds)</p>
- Provides escalating energy up to 360J
- 1.5-meter drop endurance
- Highest rated for Dust and Water Protection (IP55)

Adheres to Australian Resuscitation Council Guidelines (ANZCOR)

Contact <u>Heart Safe Australia</u> to discuss any questions about Heart Safe Fitness: