



# Saving Lives Across Australia

with

## Heart Safe Vehicle

Are You

**Ready, Willing & Able to HELP?**



Raising Awareness and Education  
About Saving Lives  
while on the road



## Sudden Cardiac Arrest (SCA) Knows NO Boundaries!

In Australia approximately 30,000 people sustain a Sudden Cardiac Arrest (SCA) outside of a hospital and are treated by emergency medical services (EMS) each year.

**That's 575 Australians suffering a SCA every week and ONLY 1 out of 10 WILL SURVIVE!**



### The Facts

- ♥ **An average of only 9% of its victims in Australia survive!**
- ♥ It can happen anytime, anywhere and to anyone, even young athletes.
- ♥ **Early defibrillation is the single most effective treatment for SCA.**
- ♥ Defibrillation within three minutes of collapse can increase the chance of survival to over 70%.



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## Three Steps to Save a Life



**1. CALL 000**



**2. PUSH**



**3. SHOCK**

# Save Lives around you with our Heart Safe Vehicle Program

## Are YOU READY, WILLING and ABLE to potentially SAVE a LIFE?

Our [Heart Safe Vehicle](#) Program initiative was created to raise **awareness** and **education** about the very important **3- STEPS** to potentially save a life during a **Sudden Cardiac Arrest (SCA)** and about the vital function that defibrillators (AED) can perform in potentially saving lives where you happen to be with your vehicle.

Defibrillators are basically a "Doctor in a box" analysing the patient's condition and providing guidance for CPR and importantly shocking the patient to restart the heart if required.

Whether you are familiar with the 3-Steps to save a life and already have a defibrillator or AED, [join our Heart Safe Vehicle program initiative](#) to make sure you and the people using your vehicle are **ABLE**, **WILLING** and **READY** to help in such potentially very stressful life and death situation.

## Heart Safe Vehicle Checklist to Potentially Save Lives Around You

### Audit/Check list to become a Heart Safe Vehicle:

- ♥ There is a Defibrillator in the Vehicle with the appropriate signage?
- ♥ There is an Automated External Defibrillator (AED) Policy & Procedure made aware and available to the vehicle owner and users?
- ♥ CPR awareness training provided to vehicle owner and users?
- ♥ I understand that this Heart Safe Vehicle audit will be done yearly?
- ♥ I accept the yearly cost of \$97 to be part of the Heart Safe Vehicle Program?

[Take Action, make your Vehicle a Heart Safe Vehicle](#)

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Contact [Heart Safe Australia](#) to discuss any questions about a Heart Safe Vehicle:

